



OCTOBER 10, 2016

COLONIAL STATES ATHLETIC CONFERENCE — 1 NEUMANN DRIVE — ASTON, PA — 19014 — www.csacsports.com

PLAYER OF THE WEEK



ARDEN VIZZARD
Immaculata University
Jr. - OH - Havertown, Pa.

Vizzard had 23 kills and a .550 hitting % for the week as she made just one hitting error in 40 attacks

which helped Immaculata to a 2-0 week in league play. Vizzard also led the Macs with 16 digs during the week.

DEFENSIVE PLAYER OF THE WEEK



NICOLE COLLEVECHIO
Neumann University
Sr. - L - Summit Hill, Pa.

Collevchio averaged 5.12 digs/set and added 11 service aces in a 3-2 week. In the match against King's she had 31 digs, to go along with 19 vs. Washington and 16 digs against Scranton.

CSAC HONOR ROLL

CALLIE KITOWSKI, Clarks Summit - Jr. - MH

Kitowski hit .284 with 53 kills and 26 digs in a 1-2 week for CSU. Her 26 kills versus New Jersey City are a CSAC high.

RACHAEL HOFFMAN, Neumann - So. - MH

Hoffman tallied 48 kills, 18 blocks, 13 digs and 5 aces in a 3-2 week for the Knights.

LIZ WHITE, Cairn - Fr. - S

White posted a double-double of 21 assists and 14 digs to go along with five kills in a five-set win over Centenary.

CSAC STANDINGS (thru 10-09-16)

	CSAC			OVERALL		
	W	L	Pct.	W	L	Pct.
Cabrini	5	0	1.000	7	12	.368
Keystone	6	1	.857	10	8	.556
Neumann	3	1	.750	10	13	.435
Marywood	5	2	.714	10	15	.400
Clarks Summit	4	2	.667	6	13	.316
Immaculata	3	2	.600	6	10	.375
Notre Dame	3	3	.500	9	5	.643
Gwynedd Mercy	3	3	.500	8	11	.421
Cedar Crest	2	3	.400	6	8	.429
Cairn	1	6	.143	3	11	.214
Centenary	0	6	.000	1	18	.053
Rosemont	0	6	.000	0	16	.000

RECENT RESULTS

Tuesday, October 4

Albright 3, GWYNEDD MERCY 0
Cedar Crest 3, MEDGAR EVERS 0
WESLEY 3, Rosemont 0
*IMMACULATA 3, Clarks Summit 0
*Cabrini 3, MARYWOOD 0

Thursday, October 6

*CABRINI 3, Keystone 0
*CAIRN 3, Centenary 2
NEW JERSEY CITY 3, Clarks Summit 1
*Neumann 3, ROSEMONT 0
Moravian 3, GWYNEDD MERCY 1

Friday, October 7

NEUMANN 3, King's 1
Rowan 3, KEYSTONE 2
St. Mary's (Minn.) 3, KEYSTONE 0
NEUMANN 3, Washington 1

Saturday, October 8

St. Mary's (Minn.) 3, NEUMANN 0
*CLARKS SUMMIT 3, Gwynedd Mercy 0
*Immaculata 3, ROSEMONT 0
PS-ABINGTON 3, Notre Dame 0
Marywood 3, GOUCHER 2
PS-Berks 3, Centenary 0 (@ Misericordia)
John Jay 3, Cedar Crest 0 (@ Wm. Paterson)
Stockton 3, Cabrini 0 (@ F&M)
Marywood 3, Hood 1 (@ Goucher)
NOTRE DAME 3, PS-Lehigh Valley 0
Scranton 3, NEUMANN 0
MISERICORDIA 3, Centenary 0
WILLIAM PATERSON 3, Cedar Crest 0
FRANKLIN & MARSHALL 3, Cabrini 0

Sunday, October 9

*Marywood 3, NOTRE DAME 0

UPCOMING SCHEDULE

Monday, October 10

Delaware Valley at Cedar Crest

Tuesday, October 11

*Cabrini vs. Cedar Crest (@ Cairn)
*Cabrini at Cairn
Notre Dame at Valley Forge

Wednesday, October 12

*Neumann at Marywood
*Clarks Summit at Marywood
*Gwynedd Mercy at Centenary
*Neumann at Clarks Summit
*Rosemont at Cairn
Immaculata at Goucher

Thursday, October 13

Bryn Mawr at Gwynedd Mercy

Friday, October 14

*Cedar Crest at Keystone
Widener at Cabrini

Saturday, October 15

Neumann at Widener
Notre Dame at Kean
Albright vs. Keystone (@ Arcadia)
Cooper Union at Clarks Summit
*Gwynedd Mercy at Immaculata
Merchant Marine vs. Notre Dame (@ Kean)
Valley Forge at Clarks Summit
Keystone at Arcadia
King's at Clarks Summit
Stockton vs. Neumann (@ Widener)

AROUND THE CSAC

CABRINI CAVALIERS (7-12, 5-0)

Cabrini moved to 7-12 overall, but remained perfect in the CSAC with a 2-2 week. The Cavaliers scored 3-0 wins over Marywood and Keystone before falling to Stockton and Franklin & Marshall by the same score. Junior **Anne-Marie Jones** led the Blue and White with 41 kills on the week, six more than senior **Kelly Guarino**. Freshman **Emily Stokarski** added 114 assists, while sophomore **Ashley Shannon's** 29 digs led four Cavaliers with at least 23 digs. Cabrini will return to CSAC play on Tuesday, as it faces Cedar Crest and Cairn before hosting Widener on Friday.

CAIRN HIGHLANDERS (3-11, 1-6)

The Highlanders won their first CSAC contest in nearly two years with a 3-2 victory over Centenary on Thursday. The Highlanders won the first two sets before faltering in the third and fourth sets to set up a dramatic fifth game. Cairn went down 5-0 in the race to 15, but went on a 10-2 run to take control of the set. Cairn eventually won the set by a score of 15-12 and the match 3-2. **Olivia Smiley** turned the momentum of the match with a kill inside the 10-foot line during the Highlanders run in set five. **Smiley** finished with six kills and three blocks. **Whitney Seidel** led the Highlanders with 10 kills in the match while **Liz White** picked up 14 digs and assisted on 21 kills for her second double-double of the season. Cairn finished the week 1-0 for their first undefeated week since Sept. 28-Oct. 4, 2014. Cairn is currently on a two-match win streak, their first since the 2014 season.

CEDAR CREST FALCONS (6-8, 2-3)

The Falcons started the week with a 3-0 win over Medgar Evers by scores of 25-15, 26-24 and 25-21. The team traveled to William Paterson for a tri-match, falling 3-0 to John Jay College and then dropping the next match to the host school 3-0. The next match for the Falcons is on Monday October 10 against Delaware Valley.

CENTENARY CYCLONES (1-18, 0-6)

The Cyclones went 0-3 last week with losses to Penn St. Berks, Misericordia and were edged by Cairn. Sophomore **Zoey Woody** totaled 38 assists, eight services aces and 29 digs. Centenary has one match this week as they host Gwynedd Mercy.

CLARKS SUMMIT DEFENDERS (6-13, 4-2)

The Lady Defenders went 1-2 this week, going 1-1 in conference. CSU suffered an early loss to Immaculata University, 3-0, and saw their lead dissolve and turn into a 3-1 loss to New Jersey City University. Back at home on Saturday, the team picked up a statement win, taking down Gwynedd Mercy University 3-0. **Callie Kitowski** recorded 26 kills against NJCU on Thursday night and 14 kills against the Griffins. An important tri-match lies ahead; on Wednesday the team takes on Neumann University and Marywood University. On Saturday CSU will host Cooper Union, the University of Valley Forge and King's College (NY) in a quad-match.

GWYNEDD MERCY GRIFFINS (8-11, 3-3)

Clarks Summit handed Gwynedd Mercy a 3-0 (25-18, 25-17, 25-13) CSAC defeat Saturday. **Laura Kirk** led the Griffins with 13 digs while **Brittany Albert** contributed 10. **Kerry McGlinn** dished out 17 assists. After winning the first set, Gwynedd Mercy saw Moravian take the next three to go and win, 3-1 (22-25, 25-10, 26-24, and 25-22). **Casey Griffith** paced the offense with a match-high 16 kills. **McGlinn** handed out 32 assists. Albright swept the Griffins 3-0 (25-10, 25-18, 25-21) Tuesday evening. **Griffith** had a match-high 13 kills also adding 14 digs. **Kirk** also reached double figures in digs with 13 on the night.

IMMACULATA MIGHTY MACS (6-10, 3-2)

Immaculata has now won its last three matches with a 2-0 mark in CSAC action last week. The Mighty Macs won 3-0 against both Clarks Summit and Rosemont. **Arden Vizzard** had 23 kills and a .550 hitting percentage for the week as she made just one hitting error in 40 attacks. **Vizzard** also led the Macs with 16 digs during the week. **Olivia Zdradzinski** recorded 51 assists. **Olivia Carter** served up 16 aces during the two matches, including 11 service aces opposite Clarks Summit.

KEYSTONE GIANTS (10-8, 6-1)

Keystone suffered its first CSAC setback last week, dropping a three-set decision at Cabrini on Thursday before falling to Rowan (5 sets) and Saint Mary's (Minn.) (3 sets) on Friday at the Knights Fall Classic. **Hannah Zuchowski** was named to the All-Tournament Team at Neumann after totaling 28 kills on the week, **Sydney Binkley** had 44 assists, and **Pamela Heitman** picked up a team-best 54 digs for the Giants. Keystone will host Cedar Crest on Friday before playing Albright and Arcadia on Saturday at the Arcadia University Tournament.

AROUND THE CSAC

MARYWOOD PACERS (10-15, 5-2)

Marywood finished 3-1 on the week, securing a CSAC split with a three-set loss to Cabrini and a three-set win over Notre Dame Md. The Pacers also toasted Hood in four sets and downed Goucher in five sets. In the loss to Cabrini, **Danielle Delulio** provided 20 assists and eight digs. The Pacers triumphed over the Gophers for their first five-set win since beating DeSales on Oct. 25, 2014. **Peri Sheerin** and **Mallorie Deschaine** each had 13 and 10 kills, respectively. **Gabby Santos** was a kill shy of a double-double with 11 digs. **Shayna Finn** registered 21 digs. Marywood benefited from a nine-kill effort by **Santos** in the win at Notre Dame. Marywood hosts Clarks Summit and Neumann in a tri-match Wednesday in its only matches of the week.

NEUMANN KNIGHTS (10-13, 3-1)

Neumann had a busy week, playing five matches and finishing 3-2 for the week. The Knights first picked up a 3-0 CSAC win over Rosemont on Thursday evening. **Rachael Hoffman** led the nights with nine kills and a .615 hitting percentage in the win. Neumann followed up the win with a 2-2 record while hosting the Knights Fall Classic. The Knights picked up two wins on Friday versus King's College and Washington College, but fell twice on Saturday Saint Mary's University (Minn.) and Scranton University. Neumann will hit the road this week for two CSAC matches and one non-conference match. The Knights will head to Marywood to take on the Pacers and also Clarks Summit on Wednesday, followed by a trip to Widener Saturday.

NOTRE DAME GATORS (9-5, 3-3)

The volleyball team split a tri-match in Abington, Pa. on Saturday. The Gators fell 3-0 (25-23, 26-24, 26-24) to Penn State Abington in the morning session but bounced back for a 3-0 (25-13, 25-16, 25-12) win over Penn State Lehigh Valley. Against Abington, freshman **Mary Marquez** led the club with 11 kills, while senior **Cleaya Antes** added 35 digs. Junior **Jamie Reyes** posted her first double-double on the year with 25 assists and 16 digs. Juniors **Bobbi McDowell** and **Ashley Guy**, along with freshman **Kayleigh Davis** combined for 9 blocks, three apiece. In the win over Lehigh Valley, **Guy** posted nine kills, while **Davis** and **McDowell** finished with six and three, respectively. The Gators also hosted Marywood on Sunday, falling 3-0 (25-7, 25-22, 25-19). **McDowell** posted a pair of blocks, while **Davis** led Notre Dame with six kills. The Gators travels to Valley Forge Tuesday and will close the week at United States Merchant Marine Academy on Saturday.

ROSEMONT RAVENS (0-16, 0-6)

Rosemont had another rough week as they went winless in three matches. Losses to Wesley and conference foes Neumann and Immaculata continue to leave the Ravens looking for win number one. This coming week they have just one match on Tuesday in Langhorne with conference opponent Cairn.

CSAC NCAA STATISTICAL LEADERS

TEAM STATS (Top 25); thru matches of 10/5/16

Category	Team	Rank	No.
Aces/Set	Notre Dame	1	4.72
	Keystone	12	3.16
	Gwynedd Mercy	17	2.93
Opp. Hitting %	Notre Dame	1	-0.054
	Keystone	18	0.095
Team Aces	Notre Dame	24	170

INDIVIDUAL STATS (Top 25; thru matches of 10/5/16)

Category	Player-Team	Rank	No.
Aces/Set	C. Antes-NDM	2	1.34
	V. Homfield-KEY	6	0.96
	R. Taganas-NDM	9	0.89
	C. Griffith-GMU	11	0.87
	C. Kitowski-CSU	17	4.72
Points/Set	C. Kitowski-CSU	7	48
	C. Griffith-GMU	9	47

2016 CSAC PLAYERS OF THE WEEK

Sept. 6.....	Gabrielle Guerrero, Jr., OH, Immaculata
.....	Cleaya Antes, Sr., L, Notre Dame
Sept. 12.....	Hannah Zuchowski, Sr., OH, Keystone
.....	Pamela Heitman, So., L, Keystone
Sept. 19.....	Emily Stokarski, Fr., S, Cabrini
.....	Victoria Homfield, So., OH, Keystone
Sept. 26.....	Kelly Guarino, Sr., OH, Cabrini
.....	Pamela Heitman, So., L, Keystone
Oct. 3.....	Rachael Hoffman—Sr., OH, Neumann
.....	Kelly Guarino, Sr., OH, Cabrini
Oct. 10.....	Arden Vizzard, Jr., OH, Immaculata
.....	Nicole Collevecchio, Sr., L, Neumann
Oct. 17.....	
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Oct. 24.....	
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Oct. 31.....	
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